

## **What to expect from your first year at University**

Starting University can be a very daunting time. Not only are you studying at a higher level, you will also be meeting lots of new people and if living away from home you will be independent for the first time.

That said, it is also a very exciting time as it's the start of your future career wherever that may take you! In order to have gained a place at University you will have had to study for AS Levels. This qualification requires a lot of hard work and dedication so you will already be used to hard work. But expect it to get a lot harder, although some courses don't start actually grading you until the second year it is best to get into good practices earlier rather than later!

The key to studying effectively is to pace yourself and not leave it all to the night before! Much of your work will involve research and time spent writing. This way you will be less stressed and should complete all work within the allocated time frames set. Depending on the subject that you study you will also learn many other new skills. For example if you study law you will learn interviewing, public speaking and drafting skills. You will also learn important life skills at University, such as how to build relationships with individuals that you don't know or who have different backgrounds and life experiences to you, and how to manage your money and your time effectively.

Above all it is important that you enjoy yourself and have fun as you will soon be off to the world of work!

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