

## Why study Home Economics

Home economics is the area of study that deals with the economics and the management of the home and also the community. It covers many different areas such as; sewing, cooking, nutrition, hygiene, interior design and cleaning. Although the curriculum is constantly changing, home economics has remained a constant, hence showing that it is an important part of the curriculum.

In the UK it is most commonly taught during secondary school as a compulsory subject. It can also then be studied higher as a GCSE and as an A Level. Although many would think that this would be a subject commonly studied by girls, this is no longer true. As roles are being reversed in households more and more boys are also deciding that home economics is a positive choice for them.

By studying home economics it allows you to learn the basic skills that may not be taught at home any more, due to the parents being busy at work. It provides the basic cooking and cleaning skills so that children are able to do so for themselves at home.

It may also mean that students particularly enjoy one element of home economics and decide to study it further at university. For example, a student could decide to study interior design or a specific degree tailored to diet and nutrition.

It may also mean that a career choice is made after studying home economics. They may decide to train to become a chef or a fashion designer.

It is a very good subject choice that can lead to many different careers and possibilities.

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