

Pros and cons of studying sport at university

Sport plays a major part in people's lives, as practitioners taking part, spectators watching, or by working in what has become a multi-billion pound global industry. The world of sport offers many opportunities for those who have suitable qualifications.

The majority of those who choose to study sport at university generally have a particular sport or sports in which they are interested. A high level of competence in one particular sport often means that you can use this as the basis for your studies. There are growing numbers of students doing Physical Education and sport related studies in schools at GCSE and A-Level. These are people who are interested in sport and who are generally, though not infallibly, good at sports.

The variety of sports courses being offered at universities is growing. These are often combined with other disciplines such as journalism, media studies and business. If you have a particular career goal in mind then choosing a combined course may suit you. Some courses, particularly those dealing with sports science, are likely to require good science results at A-Level.

All students of sports courses should expect there to be a high level of practical involvement. You should be prepared to show a high level of commitment to the physical as well as the cerebral aspects of studies. It is possible that levels of commitment and the time involved in the performance and completion of practical assignments may deter some prospective students.

The universities offering the opportunity to study sport are invariably well equipped and students have access to the latest and highest quality sports equipment. This is often an important factor when considering ones own personal fitness.

You should not be deterred from applying to study sport if you have a physical disability. There have been a great many changes in recent years allowing access to courses which might have proved difficult, or even impossible, a few years ago for people with disabilities.

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